

AJISH RAJENDRAN

PSYCHOTHERAPIST & LIFE COACH



CONTACT

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SUMMARY

Currently training as a psychotherapist, with professional interests in developmental trauma, grief, life transitions, and psychotherapy. My practice with diverse populations has strengthened my interest in psychotherapy research and in understanding clients' experiences of psychological and relational processes.

CREDENTIALS

- PROFESSIONAL CERTIFIED COACH (PCC)**
International Coaching Federation
- DIPLOMA IN TRANSACTIONAL ANALYSIS**
South Asian Association of Transactional Analysts (SAATA)
- HAPPINESS IN LEADERSHIP: DRIVING TEAM SUCCESS**
Harvard University

PUBLICATIONS

- ANXIETY MANAGEMENT**
Workbook for UPSC Candidates
Divyaverse Publications, 2025

EDUCATION

- YENEPOYA UNIVERSITY**
PG Diploma in Psychodrama
2026 - Present
- PIIMH (ITAA)**
Practitioner Certification Training
Program in TA Psychotherapy (CTA)
2025 - Present
- INFINUM GROWTH (SAATA)**
Integrated Diploma in Counselling
Skills & Transactional Analysis (IDCTA)
Oct 2024 - Aug 2025
- IIT GANDINAGAR**
B. Tech in Mechanical Engineering
2009 - 2013

ENDORSEMENT

- PRABHAVA INSTITUTE OF INCLUSIVE MENTAL HEALTH (PIIMH)**
 - Psychotherapist-in-Training** endorsed by PIIMH (affiliated with SAATA and ITAA).

WORKING EXPERIENCE

- PSYCHOTHERAPIST & LIFE COACH**
Ajish Rajendran Therapy & Coaching | 2024 - Present
 - Work with Civil Servants (Foreign Service) to manage high-pressure roles and gain clarity in key decisions.
 - Work with individuals & couples through relationship counselling to navigate interpersonal challenges.
- CO-FOUNDER AND DIRECTOR**
Divyaverse Publications LLP | 2024 - Present
 - Empowering emerging authors to publish their book at minimal cost while ensuring profitability with their debut work.
- HEAD OF CONTENT**
Fortune IAS Academy | 2020 - 2026
 - Leading a team curating top-tier UPSC books (Fortune IAS Success Series) to boost brand visibility and recognition.
- ASSOCIATE PROFESSOR**
FIITJEE LTD | 2014 - 2017
 - Implemented inventive teaching methodologies enhancing student comprehension and engagement within the IIT JEE Entrance examination domain.