

Anamika Mishra

Leadership Development Coach | Emotional Intelligence Coach & Trainer | NLP Coach

I am an ICF-PCC credentialed Leadership and Life Development Coach with over a decade of experience working with senior leaders, managers, educators, and driven professionals across industries. With 1,600+ coaching hours, I partner with individuals and teams to create meaningful, sustainable transformation that bridges insight and action.

My work is rooted in neuroscience, emotional intelligence, NLP, and ethical coaching practices. I help leaders build clarity in thinking, agility in emotional regulation, and a resourceful mindset so they can navigate complexity, lead with presence, and make aligned decisions under pressure.

My academic foundation, an M.Phil and double Master's degrees in Education and English complements my coaching practice by bringing depth, structure, and reflective rigor into my work. I blend deep listening with structured interventions, ensuring that each engagement is both human centered and outcome-oriented.

Over the years, I have worked with senior leaders and professionals across finance, IT, consulting, manufacturing, R&D, and academia. I have facilitated leadership and development programs in collaboration with organizations and institutions such as UiPath, Aditya Birla Group, Rajasthan Technical University, Career Point University, Sophia School, and the National Child Development Council (pro bono mindset and wellbeing initiatives).

My Approach

I believe that *anything pragmatic is possible - actualize.*

For me, coaching is a collaborative and developmental partnership grounded in awareness, reflection, and deliberate action. I do not see coaching as fixing people; I see it as helping them access the resourcefulness they already carry.

I often integrate my coaching framework within a broader multi-step process, while recognizing that leadership transformation is not linear, it is contextual, experiential, and deeply personal.

Areas I Work In

- **Leadership Development**
- **Executive & Personal Coaching**
- **Emotional Intelligence**
- **Mindfulness & Stress Management**
- **Communication, Delegation & Empowerment**
- **Conflict Management**
- **Values-aligned transformation**
- **Faculty and student development**

Certifications

- ICF – Professional Certified Coach (PCC)
- Licensed Emotional Intelligence Trainer
- Licensed Emotional Intelligence Master Coach Practitioner
- Certificate in Neuroscience Coaching

What I Bring to My Clients

- Deep presence and active listening
- High ethical standards and confidentiality
- Structured and evidence-based methods
- Cultural and contextual sensitivity
- Focus on sustainable behaviour change
- A safe space for honest reflection and growth

My Commitment

My commitment is to support leaders and professionals in cultivating clarity, emotional intelligence, and purposeful action so they can create impact in their organizations and fulfillment in their lives. I aim to help my clients move beyond surface level change toward deep, lasting development.