

Coach Uma Dey's Profile

Uma Dey (PCC, SPHRi) is a seasoned leadership and life coach who integrates whole-system coaching with neuroscience-enabled practices to drive meaningful transformation. With nearly two decades of experience in the HR domain, she has worked with leading IT conglomerates such as Cognizant and Capgemini, earning the reputation of a competent and compassionate HR professional among her industry stakeholders.

She is a global member of the International Coaching Federation (ICF) and has been serving as the Director of Events for the ICF Kolkata Chapter since May 2025, contributing actively to the coaching community.

An active member of the NHRDN Kolkata Chapter, Uma is a familiar presence at symposiums and professional sessions, where her insights and facilitation skills are highly valued.

She is also the co-founder of Creative Insights, a coaching and facilitation enterprise, where she partners with veteran HR & IR leader Shri Partho Chatterjee (ex-VP HR, Balmer Lawrie). Together, they design and deliver Coaching Culture and Business Growth Enabling Programs for organizations such as DVC, WBPDC, and others since January 2026.

After spending more than a decade in Pune, Uma has happily settled in Kolkata, the city of her choice, where she lives with her husband and daughter.

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