COLONEL ABIR DUTTA [MILITARY VETERAN]

ICF-PCC | EXECUTIVE & LIFE COACH | LEADERSHIP & PERFORMANCE EXPERT

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About me

A seasoned Executive & Life Coach (ICF-PCC), Military Veteran (Colonel, Retd.), and Senior Management Professional in the Education Sector, I specialize in leadership development, performance coaching, and personal transformation. With over 24 years as a military officer in the Indian Army, followed by my current executive role as Director, in charge of a vast network of schools and colleges, I have firsthand experience in high-stakes leadership, discipline-driven growth, and organizational transformation. With a strong background in strategic leadership, discipline, resilience, and executive decision-making, I help professionals, executives, and teams develop confidence, resilience, and peak performance strategies to excel in their careers and personal lives. My proven coaching credentials from the International Coaching Federation, combined with years of my professional experience in the Army and the Education sector, makes me uniquely qualified to help professionals overcome challenges, achieve their goals, and thrive in both personal and professional arenas.

Coaching Specialities:

- Leadership & Executive Coaching Helping leaders and managers develop strategic thinking, resilience, and high-performance habits.
- Performance & Productivity Enhancement Enhancing efficiency, focus, and work-life balance for professionals.
- Confidence & Personality Development Building executive presence, communication skills, and selfassurance.
- Emotional Intelligence, Resilience & Mental Wellbeing – Developing mental toughness, stress management, and adaptability.
- Leadership Skills Training Equipping individuals with essential leadership capabilities I Decision-making strategies I Emotional intelligence in high stress situations I Problem solving and crisis managementI Operational efficiency and productivity I Teamwork

Qualifications And Certifications

- ·ICF- PCC (Professional Certified Coach credentials from International Coaching Federation, USA)
- •Member: International Coaching Federation, USA
- Accredited to Certified Coaches Alliance, USA
- Certified Corporate Trainer and Soft Skill Training Expert
- SHRM-SCP (Senior Certified Professional Society of Human Resource Management, USA)
- ·PG Diploma in Supply Chain Management, Symbiosis, Pune
- Executive Development Program in Project Management, XLRI
- • M Sc (Defence and Strategic Studies)

• B Sc (Economics) Honours

Coaching Formats

✓ 1-on-1 Coaching (Personalized, high-impact sessions)

- ✓ Group Coaching (Collaborative learning for teams & individuals)
- ✓ Corporate Training & Workshops (Customized programs for organizations)

Why Work with Me?

Proven Leadership Experience – Military precision, strategic decision-making, and high-performance coaching.

ICF-PCC Certified Expertise – Backed by globally recognized coaching credentials.

Results-Oriented Approach – Focused on measurable growth and transformation.

Blended Coaching Model – Combining leadership wisdom, psychological insights, and structured discipline.

Brief Career Landscape

Director, Army Welfare Education Society: 2022 till date

Entrusted with the supervision and oversight of Human Resource Management, Operations and Administration of a network of Schools, Management Institutes and Nursing colleges in Eastern India.

Indian Army:1999 to 2022

Distinguished career in the Indian Army: Strategic leader with 24 + years of experience in the Indian Army. Expertise in people management, talent development, organizational strategy, administration and operations management;

Leader of organisations with 1000 + work force.