

# Shiladitya Basu Ray

**Professional Coach | Behavioural Trainer |  
Human Resource Specialist**

Empowering Professionals and Students through  
Transformational Coaching



## About Me

I am a Human Resource Management professional with 24 years of corporate experience. I have been a Professional Coach and Behavioural Trainer for over 18 years. I am passionate about helping people embrace change and transform themselves. Throughout my career, I have focused on helping individuals unlock their true potential. My journey in the professional world has taken me through many business sectors. It has given me a holistic overview of organizational dynamics and human capital development.

I have earned my Management Degree specializing in Human Resources and Marketing. My academic foundation clubbed with my experience has always given me a fresh perspective. It has enabled me to create meaningful learning experiences for professionals and students. Over the years, I have devoted myself to Behavioural Training and Professional Coaching. I have aimed at delivering transformational programs that build skills, mindset, and confidence.

## Professional Experience

- Over 24 years of experience in Human Resource Management roles across diverse industries.
- Over 18 years as a Behavioural Trainer and Professional Coach. Vast experience in designing and delivering impactful training modules. Programs tailored to meet the unique needs of corporates and academic institutions.
- Extensive expertise in:
  - Human Resources Management
  - Talent Development and Performance Coaching
  - Soft Skills and Communication Training
  - Leadership Development
  - Career Coaching and Employability Enhancement
  - Emotional Intelligence and Mindfulness at the Workplace

I bring a practical, real-world approach to coaching. All my programs fuse deep understanding of human psychology with professional mandates.

## Training & Coaching Highlights

- Trained and mentored hundreds of young professionals and students. The aim has been to equip them with the skills and confidence to thrive in dynamic work environments.
- Conducted many workshops, seminars, and training sessions for mid-to-senior level professionals. Focus has been on behavioural competencies, leadership, and change management.
- Long-standing association with prestigious institutions like Institute of Chartered Accountants of India (ICAI). I have contributed significantly through customised training programs and mentorship.

## Coaching Philosophy

I believe that true transformation comes from within. My coaching method focuses on self-awareness, intentional growth, and actionable strategies. I have coached students to focus on their objectives and prepare for the competitive world. I have also mentored professionals to tackle leadership challenges and grow. My goal is to enable sustainable change and long-term success.