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Vision & Mission

Vision: To empower individuals to reach their self-actualized potential for a purposeful, successful, and happy life.

Mission: To support and empower all in achieving professional growth, personal development, and fulfillment in various aspects of life and career.

Education

- M.L.I.Sc. – University of Delhi
- M.Sc. (Chemistry)- University of Delhi
- B.Sc. (Hons.) Chemistry- University of Delhi
- B.Ed from Desh Bhagat University, Punjab
- UGC (NET) in Library and Information Science
- PG Diploma in Guidance & Counseling – Jamia Millia Islamia, New Delhi
- IC3 Career Counseling Certification Course
- M.Sc Psychology from Sunrise University, Rajasthan

Strengths & Skills

Strengths: Leadership, Empathy, Problem Solving, Teamwork, Resilience

Skills: Active Listening, Communication, Coaching, Mentoring, Training, Management, Digital Literacy

Professional Experience & Contributions

- As a Resource Person / Speaker
- Certified **POSH Trainer** from National Institute of Skill Training (NIST)
- CBSE Resource Person for Capacity Building Program for teachers teaching “Library and Information Science” on 11th June 2024 (Online mode).
- Conducted Career Opportunities Workshop for Grade 12 students, Govt. Higher Sr. Sec. School, Kabirdham (09 Feb 2024).
- Guest Speaker – International Women’s Day (08 Mar 2024), Webinar on 'Challenges and Solutions for Work-Life Balance' by CGLA.
- Invited Speaker – 'Career Exploration and Emotional Well-being', Gopal Narayan Singh University, Bihar (08 Mar 2024).
- Initiated Career Counseling Cell in the Library, JNV Kabirdham.
- Conducting of 1:1 Career Counseling sessions for School students.
- Career Guidance Sessions for students of grades X- XI-XII of JNV Kabirdham, C.G on 25th of Sept, 2023.
- Career Counseling Session for Grades 11& 12 in Abhyuday School, Kawardha, Chhattisgarh on 27th July 2022.

- Sessions on Time Management, Life skills, Career Selection after 10th grade conducted in JNV Kabirdham, Chhattisgerh in this current session.
- Conducted Webinar on Career Readiness and Life Skills for Grade 9th and 10th of Punjab Public School, Barnala, Punjab on 20th Jan 2022.
- Workshop for Class X students on the topic "Career Selection and Choice of Streams" on 15th June 2021.
- Acted as a Resource person for Newly Recruited Librarians in NLI Chandigarh on 19th May'18.
- Conducted workshop on CAREER DEVELOPMENT for students of XI-XII of neighboring schools in JNV Barnala, Punjab on 20th April'18.
- Acted as a Resource person in In-Service course for teachers on Adult Education Program (AEP) at JNV School in July 2014.
- Acted as a Resource person in In-Service Course on topic "Library Resources" at JNV School on 19th July 2012.
- Acted as a Resource person in Orientation Course of Lab. Attendants; topic undertaken "Self Esteem" in PPT.

Publications

- Book: Guidance and Counseling for School Students (ISBN: 978-93-5838-099-6)
 - Available on major online platforms [Amazon]
 - Featured at World Book Fair 2024, Pragati Maidan, New Delhi

Conferences & Research Papers

- Participated, Presented Paper, Co-chaired a Technical Session in the "International Conference on Infrastructure, Information and Innovation for Building New Bharat" held at Conference Centre, University of Delhi from 10-12th Nov 2022. Published a paper on "Transforming Learning through Open Educational Practices" (ISBN: 978-93-91465-18-6)
- Paper presentation on the topic "Use of digital libraries during pandemic era" on 18th Aug 2023 in the National Webinar on "E-Library Management and Utilization" organized by Govt.of M.P and Govt. Mahakoshal Arts & Commerce College, Jabalpur, M.P. (Paper under publication). (ISBN: 978-93-92079-76-4)
- Paper presentation in International Conference on "Intellectual Property Rights in the era of Artiificial Intelligence: Challenges in Modern Innovative Library services" held at Rishihood University, Sonipat, Haryana from 1-2 Dec 2023. Published a paper on the topic: "Future prospects and challenges of AI in Academic Libraries in India." (ISBN: 978-81-19689-34-7)
- APCDA Conference (15-27 Apr, 2024) Topic: "Analysis on the Awareness of Career Development of High School Students" published in APCDA Conference Proceedings 2024.
- ICAL Conference (Apr 26-27, 2024) Topic: "Impact of Social Media on the Reading Habits of Children during Covid-19" (ISBN: 978-93-92958-97-7)
- 6th Annual Conference of Psychological Forum Chhattisgarh held on 24-25th June 2024: Paper presentation in the topic: "Understanding Mental Well-Being of Indian Adolescents" (under publication)

- **International Conference** at MRIIS, Faridabad held at 29-30 Aug 2024. Paper on “*Collaboration of Academic Libraries to Attain Sustainability*” (**Best Paper Award**) (ISBN: 978-93-93904-48-5).
- **5th International Conference of CGLA 2024** on “Taking pride Legacy- Libraries and archive for Vikas Bharat” held at IGNA, New Delhi from 17th-19th Oct 2024.
- Paper presented and published on the topic “*Reflections on Delhi University College Libraries in India: Accessibility and Inclusivity*” ISBN: 978-9389947-47-2 (Paperback) **Published in 2025**
 - ISBN: 978-93-89947-58-8 (e-book)
- National Seminar on “Mental health and Indian Knowledge System” dated 9-10 Nov 2024 at pt. Ravi Shankar Shukla University, Raipur; organized by School of studies in psychology and PFC, Raipur. Paper published on “*Emotional Resilience and mental health : An analysis of Indian Knowledge Systems approach to holistic well-being*”.
 - ISBN: 978-93-6249-121-3 (**Published in 2025**)
- **International Conference** on “Innovation and digital transformation in Academic Libraries (ICIDTAL) held at MRIIS, Faridabad on 27-28th May 2025. “Bridging Educational Gaps: Evaluating the Effectiveness of Digital Library Services in Enhancing Online Research and Learning for Tribal Girl Students – A Case Study of Shaskiya Kanya Shiksha Parisar, Bhoramdev, Chhattisgarh.” (**Best Paper Award**) published in “**INNOVATION AND DIGITAL TRANSFORMATION IN ACADEMIC LIBRARIES**” ISBN: 978-93-89947-52-6
- 4TH International Symposium on “Knowledge Engineering in Digital Library Design (KEDLD 2025) at IIT KHARAGPUR held on 03-05 Nov 2025. Paper on : “*Users Perception on Library Services and Information Resources: A Case Study of Indian Council of Cultural Relation (ICCR), Delhi*” by Dr. Shashi Rawat, Dr. Rajesh Kumar, Malavika Kishore (ISBN: 978-81-990642-0-1)
- Paper presentation at National Conference on School Libraries: Empowering School Libraries for Holistic, Inclusive, and Equitable Learning in the Light of NEP 2020, scheduled on November 11–12, 2025 at NCERT, New Delhi. Paper on : “*Leveraging Social Media for Library Outreach: Examining Its Impact on Smartphone Usage and Student Well-being*” (NCSL 066)
- **MANLIBNET 2025:** International Conference on Marching Beyond the libraries held from 18-20th Dec 2025 at KIIT, Bhubaneswar. Paper titled: “ *Adoption and academic implications on Electronic Resources among University Library Users in Bihar*” Co-author with R.K.Raja (ISBN: 978-93-92711-69-5)
- International Conference on Life Skills Education held at KISS, Bhubaneswar from 5-7 Feb, 2026. Paper titled:” *Learning Together: A study on Collaborative Intelligence as a life skill for the future*” Published in International Journal of Life skill education Special volume Feb 2026 (ISSN: 2394-630X)

Book Chapter

- Chapter contribution in the book: Management of modern libraries in new normal; topic: “*Awareness of Navodaya Vidyalaya Libraries: A Survey of JNV Barnala School Library*”, published on April 2022. (ISBN: 978-93-91385-10-1)

- Book Chapter “*Digital transformation of Libraries: A Study*” in book “ Leading the Information Revolution: The Role of LIS in a Connected World” (ISBN: 978-81-978522-4-4) (Aug 2024)
- Book Chapter “**Promoting Mental Health and Well-being through Yoga and Meditation** Name of the book: Indian Knowledge system: Vikas Bharat 2027 ISBN: 978-81-980964-4-9 (Dec 2024)
- Book Chapter: “*Innovations in Green libraries: A Systematic Review of Sustainability Practices in India*” in the book “ **The Future of Libraries: Embracing collaboration and change-** A Festschrift in Honour of Prof. (Dr.) Pandey S.K.Sharma ISBN: 978-93-48514-22-6 (2025)

JOURNAL PUBLICATION

- Volume - 4 (2024) Issue - 3(December ISSN 2583-2549
LIBRARY SCHOLAR (International Peer-Reviewed Journal of Library Science)
“IMPACT OF SOCIAL MEDIA ON SCHOLARLY COMMUNICATIONS”

Professional Memberships & Activities

- Council Member of Indian Library Association (ILA): Membership No. **NL-14741**
- **APCDA**: (Asia Pacific Career Development Association) Life Member Id: **61772474**
- **ASLIP**: Progressive Member: **ASL/PR/CG-61**
- Life member of Association of Professional Career Counselors of India (**APCCI**):
APCCI/LIFE/2025/ASBC-150
- Life Member of Indian Association of Life Skills Education (**IALSE**): **LM 282**
- Member of Counselors Council of India (**CCI**): **CRN NO. CRN2612411**
- Member of **NCS** (National Career Service): **I16J63-1316468057700**
- **IC3** Certification of College and Career Counseling
- **ICA** (Indian Counseling Association) Distinguished Member: **ICA22201138**
- Madhya Pradesh library Association (**MPLA**): **3718**
- Life Membership of Psychological Forum, Chhattisgarh (**PFC**): **L/ 25-61**
- Life member of Indian School Psychology Association (**InSPA**): **LM/2025/11729**
- Member of **IATLIS** (Indian Association of Teachers of Library and Information Science): **ILM 91**
- School Library Association (**SLA**): **SLA/P/0230**

Awards & Recognitions

- Career Advisor of the Year (2022) – NCCN
- Ek Naari Award (2023) – Contribution to Education Community
- Best Research Paper Award (2024) – Manav Rachna International Conference
- Innovative Reading Program Award (2024) – MRIIS, Faridabad
- Innovative School Librarian Award (2025) – Hridhayam Social Welfare Society, Pune
- Best Paper Award (2025) – MRIIS International Conference
- Emerging Career Counselor Award 2025 at All India Convention of Career Counselors held at Aerocity, New Delhi on 23rd Aug 2025.