

Biosketch of Abhishek Om Ghosh

Abhishek Om Ghosh is the Founder and Director of Bleuauras. He completed his PhD in Biochemistry and Molecular Biology from University of Calgary, Canada spanning over 25 years of experience with Human Biology and its functioning.

Abhishek is trained into multiple traditions such as Reiki, Kundalini Yoga, and Consciousness driven approaches inspired from Sri Aurobindo's Psychology and Indian Spiritual Wisdom. His programs are designed to help others to lead a conscious life for better decision making.

He practices deep spiritual experiments with his wife (Shyamosree) and is based in Kolkata.

From,
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